

Name: \_\_\_\_\_

Side A

# COULD I EAT \_\_\_\_\_ WITHOUT THE COLUMBIAN EXCHANGE?

## Part 1: Meal

Choose one of your favorite meals. Where in the world does its ingredients come from? Let's find out!

Meal: \_\_\_\_\_

## Part 2: Ingredients

First, break your meal down into parts (ex: pizza could be broken down into crust, sauce, and toppings). Then, list the ingredients *for each part* in the table below. (ex: pizza crust is made from wheat flour, water, olive oil, and salt).

## Part 3: Research

Research where each ingredient is from. *Hint: Search "Where is \_\_\_ native to" to get the best results.* Some ingredients (like salt and water) are found in both the New World and Old World.

Ingredients	What continent/region is it native to?	Is that place in the Old World or New World?

Name: \_\_\_\_\_

Side B

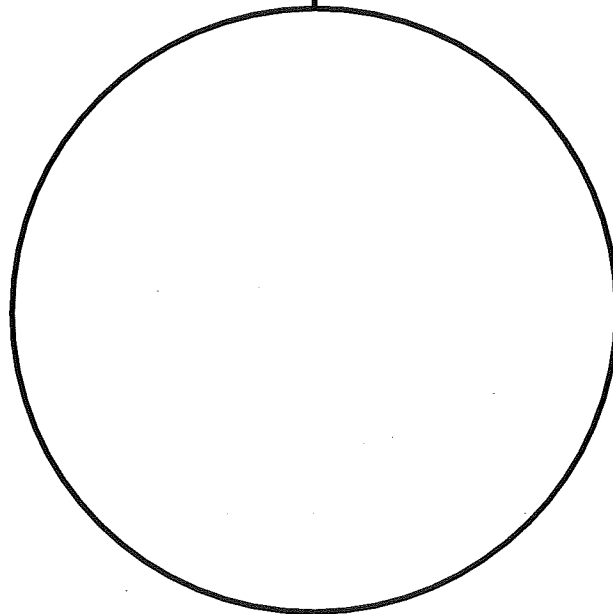
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## Part 4: Sort and Draw

Sort each ingredient into the correct column (Old World or New World). Then, draw a picture of the meal in the middle.

**OLD WORLD**

**NEW WORLD**



**Could you eat this meal without the Columbian Exchange?**